

## ***Do you care for someone with a mental ill health?***

Mental Health services are offering a range of education awareness sessions to carer's living within the Gateshead area.

### **INFORMATION**

We hope that the information offered will enable carer's, families and friends to offer valuable support to service users.

**TO BE HELD ON THE  
26th April 2016**

**Understanding Psychotic Disorders  
Bipolar Disorder  
Schizophrenia.  
Diagnosis, origins,  
stress and vulnerability,  
medication issues.**

To book a place on the session or to find out more information,  
All sessions take place On a Tuesday 1-3pm at Gateshead Fire Station,  
Dryden Road, Gateshead, NE9 5BU. Booking required to reserve a place  
contact Community Treatment team Admin Staff on 0191 441 6582 or  
email [Gatesheadcarerstraining@ntw.nhs.uk](mailto:Gatesheadcarerstraining@ntw.nhs.uk) .

**Shining a light on the future**

