

# Short breaks at Kites Rise



## For Young Adults with Learning Disabilities

(Aged Between 18 & 30)



# Short breaks at Kites Rise

**This is a specific short break provision for young adults with learning disabilities, between the ages of 18 and 30.**

The property is situated in its own grounds, on an elevated site with views onto open countryside from all rooms in **rural west Gateshead**, close to local shops and amenities and only a 15 minute drive from Gateshead Metro Centre and 20 from Newcastle Central Station.

Kites Rise is a **vibrant but homely environment for up to 4 young adults** to develop the skills they need to live independently, enjoy social opportunities and spend time with their peers, thus giving their carer a much needed break.

We aim to facilitate friendship groups, support transition planning and provide a stepping stone towards supported living.

**We're flexible** - It's about what you need to help you in your caring role. Our person centered approach ensures that both you as a carer and the young person you support are the focus of the service provided.

**"Young Adults with learning disabilities should be entitled to enjoy the same choices and opportunities as their peers."**

**Action for Children**



**Hollywood Lounge**

*Our Care Services are regulated and rated good by the Care Quality Commission*



## Staff

Kites Rise is staffed by our Carer Support Workers who are trained to **NVQ level 2 or 3 in Health and Social Care** and checked by the Disclosure and Barring Service (DBS). Clients will be encouraged by our staff to access appropriate activities of their choice and be supported with practical, personal and specialized care as needed.



Ensuite Jubilee Bedroom

## Accommodation

**Our spacious homely setting comprises of:**

- Sunny kitchen/diner
  - Relaxing lounge
- Games room with Xbox
- Large bath/shower room
  - Ensuite bedroom
  - 4 further bedrooms
- Separate upstairs and downstairs WC
  - Office, landscaped gardens

## Accessing Kites Rise

If the person you care for is eligible for support and has a respite allocation you can choose to come to Kites Rise using your **Direct Payment**.

Costs per night (available on request) cover 24 hour support, meals and activities. Individual 1:1 support is available if required, subject to risk assessment.



Kitchen/Diner

“My son really enjoyed a weekend break at Kites Rise with his old friends from school... I enjoyed having some ‘me’ time at home.”

A Carer

# Referrals

**If you would like to make a referral or require more information, please contact a member of our Care Team on 01207 549 780.**

Following a referral to us, a member of our team will come to your home to meet both you and the person you care for to carry out a full care needs assessment. They will complete a 'Who am I?' pack which will give us a full profile of the client.

Kites Rise Garden



**Contact us now on 01207 549 780  
or visit [www.carerstrusttw.org.uk](http://www.carerstrusttw.org.uk)**

## Improving the lives of carers

**Carers Trust Tyne & Wear Crossroads Carer Services**

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**Gateshead Crossroads Caring for Carers:** Registered Charity Number 1059917